

Description of the measure

Patients 18-85 years old who had a diagnosis of hypertension (HTN) and whose blood pressure (BP) was adequately controlled (<140/90) during the measurement year.

Criteria

- Ages 18-85 with hypertension
- BP <140/90 mm Hg

Exclusion(s)

- End-stage renal disease (ESRD)
- Historical kidney transplant
- Dialysis
- Pregnancy
- Patients with a non-acute inpatient admission during the measurement year
- Patients 66-80 years old as of December 31 of measurement year with frailty and advanced illness. Medicare patients 66 years of age or older as of December 31 of the measurement year enrolled in I-SNP or with LTI flag. Patients 81 years of age and older as of December 31 of measurement year with frailty.
- Palliative care

Tips for best practice

- If the blood pressure is high at the office visit, take a second reading. The lowest systolic and diastolic values taken the same day are acceptable for reporting.
- Have the member return in three months if the blood pressure is not controlled
- Address medication adherence at each visit
- Consider referring patients to one of Magellan Complete Care's disease management programs
- Blood pressure readings reported or taken by the member using a digital device are acceptable

Description	Coding
Systolic blood pressure	<input type="checkbox"/> 3074F (systolic <130) <input type="checkbox"/> 3075F (systolic 130-139) <input type="checkbox"/> 3077F (systolic ≥140)
Diastolic blood pressure	<input type="checkbox"/> 3078F (diastolic <80) <input type="checkbox"/> 3079F (diastolic 80-89) <input type="checkbox"/> 3080F (diastolic ≥90)

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MCC-ALL-PRV-16166-20