

Magellan Complete Care of Virginia's Peer Recovery Navigation program

What is Peer Recovery Navigation?

Peer Recovery Navigation is a support service for members who are coping with mental health challenges or substance use issues. With Peer Recovery Navigation you:

- Get a Recovery Support Navigator – this is a peer who is also in recovery and has been through training to help you with challenges you are facing
- Can focus on whole health and what is important to you—mentally, emotionally, physically and spiritually
- Can find hope and get the most out of your care

What does a Recovery Support Navigator do?

Recovery Support Navigators do many things to help you, like:

- Teaching you about recovery and helping with pre-recovery planning
- Talking to you on the phone or in person
- Giving you wellness information and community resources
- Helping you meet others who are working toward similar wellness goals
- Helping you come up with your own solutions
- Supporting you to follow through with your decisions

How do I get Peer Recovery Navigation?

- Call Magellan Complete Care of Virginia Member Services toll-free at 1-800-424-4524 (TTY 711) for Commonwealth Coordinated Care Plus, or 1-800-424-4518 (TTY 711) for Medallion 4.0.
- Ask to speak to Recovery Support Navigation lead or Care Coordinator and say that you are interested in recovery navigation.

This information is available for free in other languages and formats including online, in large print, Braille or Audio CD by calling Member Services at 1-800-424-4524 (TTY 711) for CCC Plus, or 1-800-424-4518 (TTY 711) for Medallion 4.0, toll free.

ATENCIÓN: Si habla español, tiene servicios de asistencia de idiomas a su disposición. Llame al 1-800-424-4524 (TTY 711) de CCC Plus o al 1-800-424-4518 (TTY 711) de Medallion 4.0.

참고: 한국어를 사용하고 계신 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. CCC Plus 의 경우 1-800-424-4524 (TTY 711)번으로 전화하거나 Medallion 4.0 의 경우 1-800-424-4518 (TTY 711)번으로 전화하십시오.

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