

Member's Full Name:

Medicaid #:



# SERVICE AUTHORIZATION FORM

## PSYCHOSOCIAL REHABILITATION (PSR) H2017 INITIAL Service Authorization Request Form

MEMBER INFORMATION		PROVIDER INFORMATION	
Member First Name:		Organization Name:	
Member Last Name:		Group NPI #:	
Medicaid #:		Provider Tax ID #:	
Member Date of Birth:		Provider Phone:	
Gender:	<input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other	Provider E-Mail:	
Member Plan ID #:		Provider Address:	
Member Address:		City, State, ZIP:	
City, State, ZIP:		Provider Fax:	
		Clinical Contact Name & Credentials*:	
		Clinical Contact Phone:	
		* This is the individual to whom the MCO can reach out to answer additional clinical questions.	

<b>Request for Approval of Services:</b>	<b>Retro Review Request?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No
From _____ (date), To _____ (date), for a total of _____ units of service. Plan to provide _____ hours of service per week.	
<b>Is this a new service for the member?</b> <input type="checkbox"/> Yes <input type="checkbox"/> No (If no, then complete an authorization for continuing care.)	
<b>Primary ICD-10 Diagnosis</b>	
<b>Secondary Diagnosis</b>	

Name of Medication	Dosage	Frequency

If additional medications are prescribed, include listing of medications, dosage, and frequency in the Notes section.

SECTION I: PSYCHOSOCIAL REHABILITATION ELIGIBILITY CRITERIA	
<b>Individuals qualifying for this service must demonstrate a clinical necessity for the service arising from mental, behavioral, or emotional illness that results in significant functional impairments in major life activities.</b>	
<b>Has difficulty in establishing or maintaining normal interpersonal relationships to such a degree that they are at risk of psychiatric hospitalization, homelessness, or isolation from social supports</b>	<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Describe current symptoms and behaviors or other pertinent information which provides substantiation for CHECKED response (Identify frequency, intensity, and duration of each behavior):</b>	

Member's Full Name:

Medicaid #:

<p><b>Has difficulty in activities of daily living, such as maintaining personal hygiene, preparing food and maintaining adequate nutrition, or managing finances to such a degree that health or safety is jeopardized</b></p> <p>Describe current symptoms and behaviors or other pertinent information which provides substantiation for CHECKED response (Identify frequency, intensity, and duration of each behavior):</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No																				
<p><b>Exhibits such inappropriate behavior that documented, repeated interventions by the mental health, social services, or judicial system are or have been necessary.</b></p> <p>Describe current symptoms and behaviors or other pertinent information which provides substantiation for CHECKED response (Identify frequency, intensity, and duration of each behavior):</p> <p><b>Below identify all current/past treatment providers, whether or not they are currently in treatment with provider, treatment goals and care coordination plan.</b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 25%;">Provider</th> <th style="width: 15%;">Currently in Service?</th> <th style="width: 30%;">Dates of Services/ Interventions</th> <th style="width: 30%;">Outcomes/Current Progress</th> </tr> </thead> <tbody> <tr> <td></td> <td style="text-align: center;"><input type="checkbox"/> Yes <input type="checkbox"/> No</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;"><input type="checkbox"/> Yes <input type="checkbox"/> No</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;"><input type="checkbox"/> Yes <input type="checkbox"/> No</td> <td></td> <td></td> </tr> <tr> <td></td> <td style="text-align: center;"><input type="checkbox"/> Yes <input type="checkbox"/> No</td> <td></td> <td></td> </tr> </tbody> </table>	Provider	Currently in Service?	Dates of Services/ Interventions	Outcomes/Current Progress		<input type="checkbox"/> Yes <input type="checkbox"/> No				<input type="checkbox"/> Yes <input type="checkbox"/> No				<input type="checkbox"/> Yes <input type="checkbox"/> No				<input type="checkbox"/> Yes <input type="checkbox"/> No			<input type="checkbox"/> Yes <input type="checkbox"/> No
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<p><b>Exhibits difficulty in cognitive ability such that they are unable to recognize personal danger or significantly inappropriate social behavior ("Cognitive" does not refer to an individual with an intellectual or other developmental disability).</b></p> <p>Describe current symptoms and behaviors or other pertinent information which provides substantiation for CHECKED response (Identify frequency, intensity, and duration of each behavior):</p>	<input type="checkbox"/> Yes <input type="checkbox"/> No																				

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Medicaid #:

Individual must meet <u>ONE</u> of the following; check applicable criteria:			
<b>Has experienced long-term or repeated psychiatric hospitalizations.</b>			<input type="checkbox"/> Yes <input type="checkbox"/> No
<b>Name of Hospital</b>	<b>Dates of Hospitalization</b>	<b>Reason for Admission</b>	
<b>Experiences difficulty in activities of daily living and interpersonal skills.</b>			<input type="checkbox"/> Yes <input type="checkbox"/> No
Describe pertinent information which provides substantiation for CHECKED response (describe skill level and provide examples of skill deficits):			
<b>Has limited or non-existent support system.</b>			<input type="checkbox"/> Yes <input type="checkbox"/> No
Describe pertinent information which provides substantiation for CHECKED response:			
<b>Unable to function in the community without intensive intervention.</b>			<input type="checkbox"/> Yes <input type="checkbox"/> No
Describe current symptoms and behaviors or other pertinent information which provides substantiation for CHECKED response (Identify frequency, intensity, and duration of each behavior):			
<b>Requires long-term services to be maintained in the community.</b>			<input type="checkbox"/> Yes <input type="checkbox"/> No
Describe current symptoms and behaviors or other pertinent information which provides substantiation for CHECKED response (Identify frequency, intensity, and duration of each behavior):			

Member's Full Name:

Medicaid #:

**SECTION II: CARE COORDINATION**

**Primary Care Physician:**

**Other medical/behavioral health concerns (including substance abuse issues, personality disorders, dementia, cognitive impairments) that could impact services?**  Yes  No (If yes, explain below.)

**Please indicate other current medical/behavioral services and additional community supports and interventions being received:**

Name of service/treatment	Provider/Contact Information	Frequency

**Indicate plan to coordinate with primary care physician and other treatment providers/services to help ensure treatment interventions are coordinated:**

**SECTION III: TRAUMA-INFORMED CARE**

**Trauma-Informed Care** (Many individuals have experienced potentially traumatic events in their lifetime. It is important that everyone is aware of the potential impact of trauma on those they serve, prepare to recognize and offer trauma-specific services when needed, and be mindful of trauma-informed interventions.)

**Is there evidence to suggest this member has experienced trauma?**  Yes  No

**What is your plan to assess/refer and address the current and potential effects of that trauma?**

**SECTION IV: INDIVIDUAL TREATMENT GOALS**

**Treatment Goals/Progress:**

- Describe person-centered, recovery-oriented, trauma-informed mental health treatment goals as they relate to requested treatment. Include individual strengths/barriers/gaps in service, and written in own words of individual seeking treatment/or in a manner that is understood by individual seeking treatment. If individual has identified a history of trauma, please include trauma-informed care interventions or referral in the treatment plan.
- Services are intended to include goal directed training/interventions that will enable individuals to learn the skills necessary to achieve or maintain stability in the least restrictive environment. Providers should demonstrate efforts to assist the individual in progressing toward goals to achieve their maximum potential.
- Please demonstrate that the individual is benefiting from the service as evidenced by objective progress toward goals or modifications and updates that are being made to the treatment plan to address areas with lack of progress.
- Include any appointments and medications adherence issues and plans to address this, if applicable.

**Resources and Strengths:** Document individual's strengths, preferences, extracurricular/community/social activities and people the individual identifies as supports.

**Please describe any barriers to treatment:**

Member's Full Name:

Medicaid #:

<b>Goal/Objective</b> (Please provide objective measures to demonstrate evidence of progress. Measurable objectives should have meaningful tracking values; avoid percentages unless able to track and measure percent completion i.e. if 80%, state 8 of 10 as a more trackable value):
<b>How many days per week will be spent addressing this goal on average?</b>
<b>What specific training and interventions will be provided to address this goal?</b>
<b>How will you measure progress on the training or interventions provided?</b>
<b>Goal/Objective</b> (Please provide objective measures to demonstrate evidence of progress. Measurable objectives should have meaningful tracking values; avoid percentages unless able to track and measure percent completion i.e. if 80%, state 8 of 10 as a more trackable value):
<b>How many days per week will be spent addressing this goal on average?</b>
<b>What specific training and interventions will be provided to address this goal?</b>
<b>How will you measure progress on the counseling or interventions provided?</b>
<b>Goal/Objective</b> (Please provide objective measures to demonstrate evidence of progress. Measurable objectives should have meaningful tracking values; avoid percentages unless able to track and measure percent completion i.e. if 80%, state 8 of 10 as a more trackable value):

Member's Full Name:

Medicaid #:

<b>How many days per week will be spent addressing this goal on average?</b>
<b>What specific training and interventions will be provided to address this goal?</b>
<b>How will you measure progress on the counseling or interventions provided?</b>

<b>SECTION V: DISCHARGE PLANNING</b>		
<b>DISCHARGE PLAN</b> (Identify lower levels of care, natural supports, warm-hand off, care coordination needs)		
Step Down Service/Supports	Identified Provider/Supports	Plan to assist in transition
Recommended level of care at discharge:		
Estimated date of discharge:		

*The Service Specific Provider Intake has been completed by an LMHP Type and the individual's psychiatric history information reviewed. By my signature (below) I am attesting that the individual meets the medical necessity criteria for the identified service.*

Signature (actual or electronic) of LMHP : \_\_\_\_\_

Printed name of LMHP Type: \_\_\_\_\_

Credentials: \_\_\_\_\_

Date: \_\_\_\_\_

Member's Full Name:

Medicaid #:

**NOTES SECTION**

If needed, use this page for any answer too long to fit within the form's provided spaces. Please note which section you are continuing before each answer.

Member's Full Name:

Medicaid #:

**PLEASE SEND FORM TO THE DESIGNATED HEALTH CARE PLAN USING THE CONTACT INFORMATION BELOW FOLLOWING THE TIME FRAME REQUIREMENTS ALSO BELOW**

All MCOs rely on Contract Standards; 3 business days or up to 5 business days if additional information is required.

CONTACT INFORMATION			
Commonwealth Coordinated Care (CCC) Plus	Phone Number	Fax Number	Web Portal
<b>Aetna Better Health of Virginia</b>	855-652-8249	866-669-2454	<a href="https://www.aetnabetterhealth.com/virginia/providers/portal">https://www.aetnabetterhealth.com/virginia/providers/portal</a>
<b>Anthem HealthKeepers Plus</b>	800-901-0020	866-877-5229	<a href="https://mediproviders.anthem.com/va/pages/precert.aspx">https://mediproviders.anthem.com/va/pages/precert.aspx</a>
<b>Magellan Complete Care of Virginia</b>	800-424-4524	866-210-1523	Pending/TBA 2018
<b>Optima Health Community Care</b>	888-946-1168	844-348-3719 (BH Inpatient) 844-895-3231 (BH Outpatient)	<a href="http://www.optimahealth.com">www.optimahealth.com</a>
<b>United Healthcare</b>	877-843-4366	855-368-1542	<a href="http://www.providerexpress.com">www.providerexpress.com</a>
<b>Virginia Premier Health Plan</b>	844-513-4951	888-237-3997	Pending/TBA 4/1/2018

Community Mental Health Rehabilitation Services	Procedure Code	Registration vs. Authorization INITIAL REQUEST	Registration vs. Authorization CONTINUED STAY REQUEST
Mental Health Case Management	H0023	R	R
Mental Health Peer Support Services – Individual	H0025	R	A
Mental Health Peer Support Services – Group	H0024	R	A
Crisis Intervention	H0036	R	A
Crisis Stabilization	H2019	R	A
Intensive Community Treatment	H0039	A	R
Intensive In-Home	H2012	A	A
Therapeutic Day Treatment (TDT) for Children *TDT School Day	H0035 *HA	A	A
Therapeutic Day Treatment (TDT) for Children *TDT Afterschool	H0035 *HA *UG	A	A
Therapeutic Day Treatment (TDT) for Children *TDT Summer	H0035 *HA *U7	A	A
Day Treatment/ Partial Hospitalization *Adults	H0035 *HB	A	A
Mental Health Skill-building Services (MHSS)	H0046	A	A
Psychosocial Rehab	H2017	A	A
EPSDT Behavioral Therapy (ABA)	H2033	A	A

Timeframe Requirements for Submission (Concurrent)	CMHRS Services (excluding CI/CS)	CI/CS
Aetna	7 business days	48 hrs.
Anthem	14 business days	48 hrs.
MCC	7 business days	48 hrs.
Optima	7 business days	48 hrs.
United Healthcare	14 business days	48 hrs.
Virginia Premier	14 business days	48 hrs.